

Dear Parents,

Third thru fifth grade students will begin Spring ISTEP+ testing the week of March 1st. This is the first of two testing sessions for ISTEP+. During this session, students will be completing the applied skills portion. This includes the writing portion of language arts and the problem solving portion for math. Our staff has done an outstanding job preparing students this year and I expect our scores to reflect that. Here are some tips that you can do at home to help your child as well:

- Make sure your child gets plenty of sleep. Ten hours is recommended.
- Feed your child a healthy breakfast. Foods that are low in sugar and high in protein, fruit, and whole grains are best.
- Keep a positive attitude about testing. Encourage your child to do their best!
- Schedule doctor, dentist, and all other appointments after school so that testing is not interrupted.
- Work with your child at home to review math and language arts skills.

Thanks,

Ashlee R. Bruggenschmidt
Principal